



Welcome to the Monthly Bulletin

The next issue will be out in March

February 2024

Health Awards

This year in school we are working towards two health awards. HEY Healthy Early Years Award and Food for Life Award

The awards are a quality assurance award that aims to celebrate and share good practice. They aim to highlight the positive impact of healthy lifestyle choices physically mentally and emotionally for children and families

We want to bring together pupils, parents, teaching and catering staff to form a whole community approach and allow good food culture to be an intrinsic part of life at our school.

We had our first parents meeting on 23rd January and discussed school meals and snacks. We had some really helpful ideas suggested and are aware we need to share some more information with families for example ...

Did you know that school meals are free for all children until the end of year 2?

We will put the dinner choice outside daily so that you can help your child choose a meal.

We will add the menu to the monthly newsletter so you always know where to find it.

The menu is on the school website <https://www.stanningtoninfants.co.uk/> (see P5 for where to find it)

Did you know that you can also order a school meal to try if your child currently brings a packed lunch from home and you want to encourage school meals?

Did you know that the children have a beaker of water to drink with their lunch?

Did you know that we have a salad bar so children can have salad with every lunch?

(tomatoes, cucumber, beetroot, lettuce, sweetcorn)

Look out for more information about parent taster sessions for the menu on **Tuesday 20th Feb**, and **Tuesday 16th April** (new Spring Summer menu)

School snacks

For many years we had a policy of only fruit snacks to be brought to school. During COVID this was amended as we weren't able to offer milk or school snacks and since this time we haven't focused on returning to our previous healthy policy.

We are now finding that a wide range of snacks are being sent which include chocolate, sweets and nut based products.

We encourage families to send a **healthy snack** full of vitamins and minerals, containing no added salt, fat or sugar. Many of these will help to contribute to their daily portion of '5 a day' fruit or vegetables, keep them alert and help them to concentrate. Providing a snack in a small named recyclable container is ideal. All the children in FS and KS1 are provided with a daily snack of fruit or vegetable so additional snacks are not necessary unless you wish to provide an alternative.

If you are intending to send in healthy snacks with your child please limit them to the list below and remember that we are a nut free school:-

- Vegetable sticks – such as celery, cucumber, peppers or carrot, a range of colour ensures different vitamins and minerals.
- A piece of cheddar cheese or Babybel.
- A piece of fresh or dried fruit, high in soluble fibre and vitamins would also be a great snack– pineapple, mango, kiwi, plain raisins, apricots, blueberries, banana slices. If you wish to send dried fruit please be aware that dried fruit can often stick to teeth so is recommended for meal times only to reduce the risk of tooth decay. No processed fruit snacks please as these can contain high levels of sugar (fruit winders, fruit flakes etc).
- Bread sticks, plain pretzels, banana bread, malt loaf, oat/rice cakes and small pitta breads are also good snacks, providing children with carbohydrate to sustain them in-between meals.

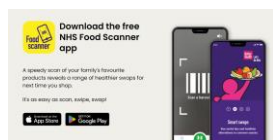
We would prefer parents not to send cereal bars as many of these are high in sugar or saturated fat content.



For example, these have 10g of sugar per bar. 4g of sugar is about a teaspoon/sugar cube. Four to six-year olds should have no more than 19g of sugar per day.

The following NHS website is a useful source of information on healthy snacks, especially for home.
<https://www.nhs.uk/healthier-families/food-facts/healthier-snacks/>

NHS Food Scanner app supports healthy swaps. Simply scan the barcode on your food item and swipe to find some healthier options to swap to!



May we remind families that we do have a 'water only' policy for drinks.

Ofsted Inspection.

We hope you have enjoyed reading the Ofsted Inspection report. Thank you to everyone for your kind words congratulating staff and the school.

We hope you saw the article in the Star and have seen all the year group 'outstanding school' photographs on the school website.

To celebrate with the children we will be having a party afternoon on Thursday 8th February. The children will play party games in classes and then have a small party tea together; savoury snack, bun and juice. This day is also a PFA non uniform day, £1.00 donation please.



- 2.2.24 Number Day
- 6.2.24 Safer Internet Day
- 6.2.24 Y1 Kelham Island visit
- 7.2.24 Class 3 recorder assembly
- 2.45pm
- 8.2.24 PFA non uniform day
- 8.2.24 Ofsted Party Day
- 9.2.24 Young Voices
- 5.2.24 Safer Internet week
- 12.2.24 Half term

- 23.2.24 PFA film night
- 4/5/6.3 24 Mr Payne Poetry reading
- 4.3.24 Y1 EIS visit
- 6.3.24 Y2 EIS visit
- 7.3.24 World Book Day – book and uniform sale after school
- 18.3.24 Reports to parents
- 21.3.24 World Poetry day
- 21.3.24 Parents meetings
- 25.3.24 Class 5 visit to Mosque
- 26.3.24 Class 6 visit to Mosque
- 26.3.24 Parents meetings
- 28.3.24 Egg Rolling 2pm
- 28.3.24 PFA Egg hunt after school
- 28.3.24 break up





NSPCC Number Day

Friday 2nd February

Over the course of the weeks commencing 29th January and 5th February the children will be involved in the following events:

- *trying new maths **activities**- games, songs and books*
- *joining in with a whole school **Maths trail** (some in class time others after school with parents please. All those who complete it will receive a certificate)*
- *competing against themselves in a timed **mental maths challenge***

If you have any spare change (1ps and 2ps) we are aiming to cover a number in each class with loose change which we can then donate to the NSPCC

MOVIE NIGHT



The PFA will be hosting our first film night on 23 February from 3:20 to 5:15pm. We will be watching Chicken Run: Dawn of the Nugget.

To attend the film night, please return your completed slip and correct money to the school office by Thursday 8 February.

Tickets are priced at £2 per person, which includes a snack bag and a drink.

Children are welcome to bring a pillow to sit on!

Children should be collected at 5:15pm from the main entrance.



PFA movie night

Please return your completed slip and correct money to the school office by Thursday 8 February.

Child's name Class

I enclose £2 for a snack bag and will collect my child via reception at 5:15pm.

Please let us know if your child has any allergies.....

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Signed.....(parent/carer)



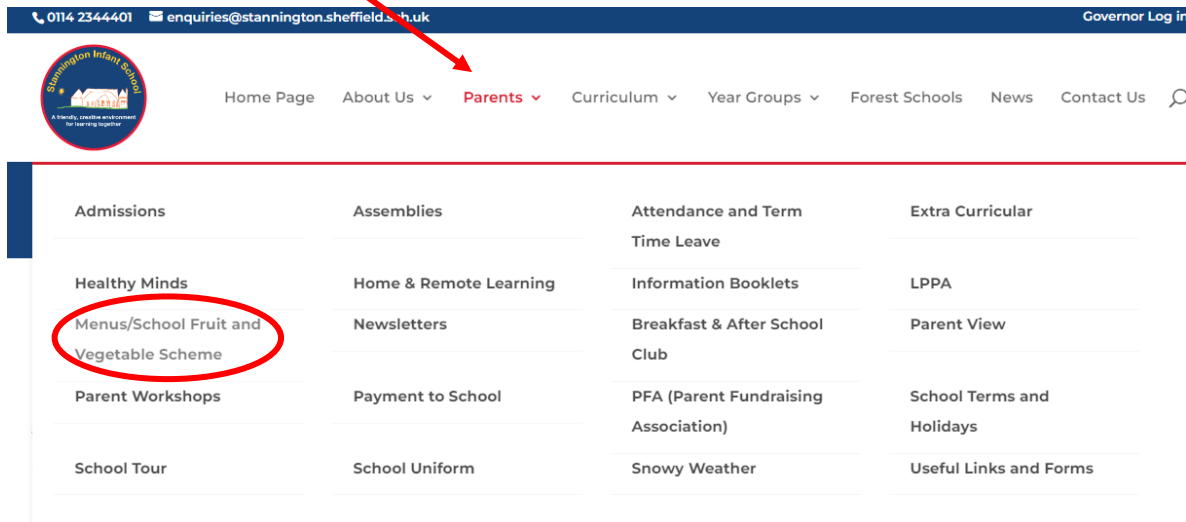


School menu information

The menus can be found on the school website

<https://www.stanningtoninfants.co.uk/>

1. Go to the parents tab



2. Click on the 'menu / school fruit and vegetable scheme' drop down

3. Click on the menu pages (below)

[Stannington – 3 Weekly Parent Menu – Autumn Winter 2324](#)

[Stannington – Peak Edge – Autumn Winter 2324](#)

These are the dates for the 3 week menu

Week 1

Weeks starting 13 November, 4 December, 1 January, 22 January, 12 February, 4 March, 25 March

Week 2

Weeks starting 30 October, 20 November, 11 December, 8 January, 29 January, 19 February, 11 March

Week 3

Weeks starting 6 November, 27 November, 18 December, 15 January, 5 February, 26 February, 18 March



STANNINGTON INFANTS

AUTUMN WINTER 23/24



WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Macaroni Cheese	Chicken Tikka Curry with Mixed Rice	Yorkshire Pudding with Beef Mince & Roast Potatoes	Pork Sausage Roll with Baked potato Wedges	Fish Fingers with Chips
Vegetarian Main Course	Beany Veggie Burrito	Cheese & Tomato Pizza with Garlic Bread	Yorkshire Pudding with Vegetarian Mince & Roast Potatoes	Cheese & Onion Roll with Baked Potato Wedges	Veggie Pasta Bake
Jacket Potato & Filling	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans, Salmon Mayo or Tuna Mayo
Sandwiches	Cheese	Tuna	Cheese Baguette	Ham	Cheese
Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Cauliflower	Carrots Seasonal Greens	Green Beans Baked Beans Sweetcorn	Baked Beans Garden Peas
Dessert	Apple Sponge	Flapjack Finger	Vanilla Sponge with Custard	Tooie Fruity Jelly with Mandarins	Chocolate Shortbread
WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Cheesy Bean Pitta	Beef Pasta Bolognese	Pork Sausage Toad in the Hole with Roast Potatoes & Gravy	Chicken & Bean Burrito	Fish Fingers with Chips
Vegetarian Main Course	Cheese & Tomato Pizza with Garlic Bread	Veggie Pasta Bolognese	Vegetable Sausage Toad in the Hole with Roast Potatoes & Gravy	Macaroni Cheese	Cheese & Onion Pastry Roll with Chips
Jacket Potato & Filling	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
Sandwiches	Cheese	Tuna	Cheese Baguette	Ham	Cheese
Vegetables	Sweetcorn Garden Peas	Green Beans Carrots	Cauliflower Seasonal Greens	Mixed Vegetables Sweetcorn	Baked Beans Garden Peas
Dessert	Apple Crumble Bar	Lemon Cake with Custard	Banana Cake with Fruit	Chocolate Cookie	Strawberry Jelly
WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Macaroni Cheese	BBQ Chicken Meatballs with Mixed Rice	Roast Chicken with Roast Potatoes & Gravy	Beef Chili with Mixed Rice	Fish Fingers with Chips
Vegetarian Main Course	Beany Sausage Pitta	Veggie Mince Cottage Pie	Vegetable Sausage with Roast potatoes & Gravy	Cheese & Tomato Pizza with Garlic Bread	Cheese & Onion Roll with Chips
Jacket Potato & Filling	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
Sandwiches	Cheese	Tuna	Cheese Baguette	Ham	Cheese
Vegetables	Sweetcorn Cauliflower	Mixed Vegetables Garden Peas	Seasonal Greens Carrots	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	Chocolate Banana Cake	Flapjack with Fruit	Chocolate Sponge with Custard	Lemon Drizzle Cake	Shortbread with Mandarins

WEEKS COMMENCING: 13/11/23 : 04/12/23 : 01/01/24 : 22/01/24 : 12/02/24 : 04/03/24 : 25/03/24

WEEKS COMMENCING: 20/10/23 : 11/11/23 : 08/01/24 : 29/01/24 : 19/02/24 : 11/03/24

WEEKS COMMENCING: 06/11/23 : 18/12/23 : 15/01/24 : 05/02/24 : 26/02/24 : 18/03/24

Check the list to ensure you have ordered for the next day

Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.



School Terms and Holidays

Academic Year 2023/2024

Term Dates (All dates inclusive)

Autumn	Monday 4 September 2023	Friday 22 December 2023
Spring	Monday 8 January 2024	Thursday 28 March 2024
Summer	Monday 15 April 2024	Tuesday 23 July 2024

Holiday Periods

School re-opens	Tuesday 5 September 2023	
Half Term	Monday 23 October 2023	Friday 27 October 2023
Christmas	Monday 25 December 2023	Friday 5 January 2024
Spring Half Term	Monday 12 February 2024	Friday 16 February 2024
Easter	Friday 29 March 2024	Friday 12 April 2024
May Day	Monday 6 May 2024	
Spring Bank	Monday 27 May 2024	Friday 31 May 2024
Summer	School closes at the end of the day on Friday 19 July 2024	
SATs Weeks	First three weeks May 2024	

Staff Training Days

Autumn	Monday 4 September 2023 Friday 20 October 2023 Friday 22 December 2023	
Spring		
Summer	Monday 22 July 2024 Tuesday 23 July 2024	